

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>7am Cup of Joe**</b>		<b>7am Early Bird Burn</b>	<b>6:30am Early Bird Burn</b>	<b>7am Cup of Joe**</b>	<b>8:30am Scoop 90</b>
		<b>8am Extreme Meat &amp; Potatoes</b>		<b>8am Extreme Meat &amp; Potatoes</b>		<b>9am GYROKINESIS® **</b>
	<b>11:30am to 12:10pm Joe's Lean Low Chair Lunch**</b>	<b>9:30am Meat &amp; Potatoes</b>	<b>9am Meat &amp; Potatoes</b>	<b>9:30am Meat &amp; Potatoes</b>	<b>10:30 to 11:30 Mat** Open Level</b>	<b>9:30am UnderClass- man</b>
	<b>1pm Meat &amp; Potatoes</b>			<b>4pm Upper Body Hottie **</b>		<b>10:30am Cup Of Joe**</b>
	<b>4:30pm Bikini Butt Barre**</b>			<b>4:30pm Bikini Butt Barre**</b>		
	<b>5pm Upper Body Hottie**</b>	<b>5pm Upper Body Hottie**</b>		<b>4pm Easy Does It</b>		<b>11am UnderClassman</b>
	<b>5:30pm Bikini Butt Barre**</b>	<b>5:30pm Bikini Butt Barre**</b>		<b>5pm Barrel Of Fun</b>		
	<b>5:30pm New Kid on the Block</b>		<b>5:30pm UnderClass- man</b>	<b>5:30pm Under Classman</b>		
		<b>6pm New Kid on The Block</b>	<b>6pm YBR Pilates**</b>	<b>6pm Ultimate Reformer</b>		
	<b>6:30pm Meat &amp; Potatoes</b>	<b>7pm Extreme Meat &amp; Potatoes</b>	<b>6:30pm Scoop 75</b>			